

McKinnon Body Therapy Center
Touch, Health, and Common Conditions – 125 hrs

Informed Consent

Informed consent is a client's authorization for professional services based on information that the massage therapist provides. A full informed consent functions as a basis for the therapeutic relationship between client and practitioner. Elements include:

- a) Therapist's credentials
- b) Description of modalities that might be used
- c) Expectations and potential benefits
- d) Potential risks and possible undesirable side-effects (clots may be dislodged, soreness or bruising, mild inflammatory response) along with suggestions for palliation of possible side-effects. Note: both benefits and risks must be included in the consent document -- or the document is not considered legally sound.
- e) Statement of scope of practice (must contain assurance that therapist will not diagnose medical conditions or prescribe and that services are not a substitute for medical treatment.)
- f) Right of refusal (client has the right to terminate session at any time for any reason; therapist has a right, responsibility, and obligation to refuse to treat the client or any local area until the client obtains written or verbal permission to proceed from a qualified health practitioner. Therapists also have the right, of course, to refuse a client who makes us feel unsafe or who makes continued sexual advances once warned.)
- g) Professional and ethical responsibility (provides the client with written info on how to report professional misconduct to national, state, or other regulatory boards or agencies. Also include a request that changes in client health will be passed on to the therapist.)
- h) Information use (how will records be used and stored and circumstances for disclosure HIPAA guidelines)
- i) Office policies (establishes expectations, boundaries, fees, procedures around missed appts, bounced checks, etc.)