Pain Assessment Scales and Tools

Analog Scales for Assessment

Visual	1	
	no	worst
	pain	possible
		pain

Another variation is the set of drawings depicting various facial expressions.

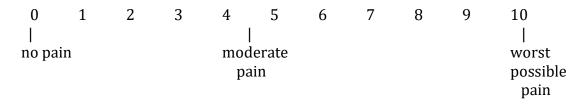
Verbal

Circle the word that best describes your experience of pain.

No pain	Just noticeable	Weak
Moderate	Uncomfortable	Strong
Excruciating	Severe	Intolerable

Numerical

Choose the number that best demonstrates your experience of pain.



Likert Items

"I feel better today than I did last week."

Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree

Other Pain Assessment Tools

Owestry Low Back Pain and Disability Index Vernon-Mior Neck Pain and Disability Index