

Respond to Scenario Using Site, Position, Pressure, Stamina, Goal

- 1.** Pt is 58 y/o with end stage renal disease. Intermittently dozing, verbally responsive. When you arrive, you find her supine (face up) in a hospital bed in the skilled nursing facility, at an angle so that one leg is dangling off edge of bed. She has edema (swelling/fluid retention) in both feet and legs and into lower abdomen. Her upper body and face are thin and frail. You note no bruising, wounds, or dressings on upper body. She says she is not in pain, but you see her wince and clench her hands when CNA repositions her. She nods that she'd like to receive massage and then dozes off.
- 2.** Pt is 63 with advanced lung cancer. He is in his own home and only recently admitted to hospice. He uses O2 for shortness of breath as needed, but is alert and oriented and able to walk on his own. When you arrive, pt is sitting in chair with oxygen on. He tells you he is looking forward to massage. Reports his neck and shoulders are sore and his R knee is stiff and painful. He was a search and rescue volunteer, an avid mountain biker, and rock climber and he is a bit depressed at not being able to maintain his accustomed activity. He is anxious about his future.
- 3.** Pt is 83 y/o with end stage heart failure as well as advanced dementia. He is in a cluttered back bedroom of her daughter's home in a queen-sized bed. The headboard and one side of the bed is against a wall and several pieces of medical equipment are crowding the free side of the bed. You notice a Gerry chair is among the equipment. He is awake when you arrive and sitting on edge of bed, pleasantly confused. He has edema in both feet and ankles, extending up to the knee of his L leg. His L arm and L temple have yellow and purple bruises from a recent fall. He says his face hurts. Hospice social worker reported to you that pt tends to be combative (hitting and pinching) when the home health aide provides personal care like bathing and changing pt. Pt's daughter and hired caregiver are in the kitchen. Daughter hopes massage will help pt sleep.
- 4.** Pt is 95 y/o with end stage dementia and breast cancer, who you have been seeing weekly for the past 6 months. She is now bedbound in hospital bed, no longer verbally responsive and only occasionally opens her eyes. Facility nurse reports pt has only had sips of thickened liquid and a few bites of yogurt the last few days. She has a fungating lesion on area of lateral L breast and pressure wounds on her coccyx and R heel. Her skin is drawn tight on her face and skull and her niece describes her as "nothing but skin and bones." Niece thanks you for coming, saying, "You've done my auntie more good than just about anybody."